

Date:

# Measurements Chart, Women's

Please FILL in entire chart to help us serve you best!!!

Name:

Phone:

E-

Mail:

Customer No  
(if known):

**Please MEASURE Carefully**  
Incorrect measurements yield  
POOR FITTING clothing!

### How to Measure

#### Present Day Sizes Generally Worn

Dress:  (i.e. 10, 12)

Pants:  waist,  inseam

Blouse:  (bust)

Weight:  lbs. (Optional!)

Shoe Size:  (i.e. 7 1/2 B)

**1. HEIGHT:** Standing against a wall with planned shoes.

**2A. FACE-CIRCUMFERENCE:** Over the top of the head, down past the ear barely touching the ear lobe to the tying area under the chin and up the other side to where you started at the top of the head.

**2B. HEAD-CIRCUMFERENCE:** Taken around the head just above the ears.

**2C. HAIR STYLE:**  Full hair, as in thick hair or perm or  Flat, as in pulled back.

**3. NECK:** Taken around the neck at the soft spot at base of throat.

**4. BUST/CHEST:** Around the fullest part, take a deep breath, with what you'll be wearing for support.

**5. RIB CAGE:** Around chest just under the breasts, take a deep breath, with what you'll be wearing for support.

**6. UPPER HIP:** Around the body at the top of the Hip Bones.

**7. SHOULDERS:** Across the back from from left arm socket to right arm socket.

**8. UNDERARMS:** From the top of the shoulder, under the armpit and back to top of shoulder.

**9. BICEPS (upper arm muscle):** Around the fullest part, between shoulder and elbow (bicep).